



Parents, we are honored to be partnering with the Heritage HS Swim Team for the 2016-2017 season. Our goal is to help equip the students with the proper nutrition in and out of the pool. Not only do we want to help them perform like champions, but we also want to give back to the team as well. 20% of all orders will be donated back to help the team.

Here's a list of some of the key products we know will help fuel your athlete:

Catalyst (feeds muscles & burns fat)	\$31.50
Rehydrate (hydration & recovery)	\$19.95/\$57.95
O2-Gold (optimizes oxygen use)	\$38.95
VO2 Prime (muscle endurance/blood flow)	\$39.95
Nighttime Recovery (muscle recovery)	\$24.95
Spark (mental focus & energy)	\$21.95/\$51.95

These are just a few of the over 70 products in our 5 different lines (Trim, Active, Performance, Well, & Skincare). To order and have it shipped directly to your front door go to [www.Advocare.com/130844945](http://www.Advocare.com/130844945) then click on shop. We will be able to track the orders so we know what needs to be donated to the team. If you have any questions about anything don't hesitate to call.

**Greg Roth 770-296-9139**

**Thanks for again allowing us to be a part of the success of this years Patriots!**

**\*Catalyst is in the Trim Line**

**Rehydrate and Spark are in the Active Line**

**The rest of what I highlighted is in the Performance Line\***